

# Transform Your Career with the Wisdom of Natural Healing

## B.Voc in **Naturopathy & Yoga** (YAN)

This unique undergraduate program blends the time-tested naturopathy and yogic science practices with modern healthcare insights. Learn the art of healing without medicine, master yogic techniques, and promote holistic well-being for a healthier society.



**KUG Oriental Academy**  
of Alternative Medicines Allied Sciences Foundation

An Autonomous Educational Institution | Registered NGO under Govt of India  
Incorporated Under Ministry of Corporate Affairs, Govt. of India  
ISO 9001-2015 certified organisation

Affiliated by:-

**FEDERATION OF ACUPUNCTURE SYSTEM OF THERAPY BOARD (FAST BOARD), BANGALORE**

Recognised by Xiyuan Hospital of China Academy of Chinese Medical Science &  
Intercultural University of the State of Mexico

## Program Details

The program follows a semester-wise structure, building a strong foundation in theory and practice. It emphasizes holistic health with over 180 hours of practical yoga sessions and a 6-month clinical internship at KUG-affiliated naturopathy centers. Expert workshops, case studies, and project-based learning further enhance professional skills and confidence.

## Course Structure & Details

**Program Name:**

B.Voc in Naturopathy & Yoga

**Program Code:** YAN

**Duration:** 3 Years

**Eligibility:** Plus Two  
(Any Stream)

**Mode of Learning:**

Blended (Theoretical & Practical)

## Curriculum Overview

Theory Papers: **2 × 100 = 200 marks**

Practical Paper: **1 × 100 = 100 marks**

Total Marks: **300**

Contact Classes: **Theory Sessions: 60 sessions**

**Practical Sessions: 15 sessions**

Medium of Instruction: **English & Malayalam**

Hands-On Training:

**90 Days of Clinical Practice at any Affiliated**

**Acupuncture Clinic Under KUG Oriental Academy**

# Course Module

1. History of Cupping Therapy
2. Different types of Cupping Therapy
3. Anatomy and physiology
4. Sunnah Points
5. Procedure and Protocol in Cupping Therapy
6. Advance Cupping Therapy Techniques
7. Beauty Cupping
8. Cupping for varicose vein
9. Cupping Therapy for Neurological disorder
10. Cupping Therapy for Skin Disease
11. Theory and practical sessions



## Why Choose KUG Oriental Academy?

**Globally Recognized Certification** – Accredited by esteemed institutions in alternative medicine.

**Expert-Led Training** – Learn from industry-leading acupuncture practitioners.

**Practical Skill Development** – Extensive hands-on experience ensures confidence in real-world applications.

**Expansive Career Prospects** – Open doors to holistic health centers, wellness clinics, and independent practice



## Investment in Your Future

Program Fee

**₹40,000**



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MINISTRY OF  
CORPORATE  
AFFAIRS  
GOVERNMENT OF INDIA



Authorized Training Centre:



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THERAPY BOARD (FIRST BOARD), BANGALORE

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